



Coach/Gymnast ratios

Maldwyn Dragons Gymnastic Club Ltd. Strives to deliver as high a quality coaching as can be managed. With this in mind all coaches will be given groups consisting of no more than 10 gymnasts to one coach

No coach must ever be working in the gym 1:1 without another suitable coach or adult present

All coaching staff should actively organise session plans for all sessions so as head coaches can assist in progression of development with all gymnasts in the club

Agreed September 1st 2017 by all directors – To be reviewed September 2018

J.O.REES J.REES E.WILLIAMS J.TALYOR N.EVANS

Jon Rees Julia Rees Ed Williams Jasmin Taylor Nia Evans

